

Workshops 2:30 pm



The Light of Simplicity: How do we do this?

Fr. Terry Kristofak, C.P.

The simple path is very challenging. In choosing Jesus, we also choose the Cross. We call our families to choose the high road: to forgive offenses, to live simply so others can simply live; to take responsibility for what we say and do, to face reality, to keep things in perspective and to live mindful of the goodness of God. Most of us do this in the context of ordinary family living which is forever changing. Explore practical ways of living simply through conversation and real life experience.

Recommended Reading: *The Joy of Love*, Pope Francis

Everyday Simplicity

Bill Walsh

Based on the book *Everyday Simplicity* by Robert J. Wicks, we will look at ways to develop a simple and deepening relationship with God. We will discuss how to nourish a spiritual attitude of simplicity and gratefulness, how to develop a practice of prayer, and how to foster simple compassion for others.

Recommended Reading: *Everyday Simplicity*, Robert J. Wicks

Pope Francis' Encyclical *Laudato Si* (Praised Be)

Fr. John Baptist, C.P.

Fr. John welcomes you to explore some of the major teachings that Pope Francis has put forth in *Laudato Si*, his encyclical on the environment and the poor. This encyclical has been of great interest to diverse audiences throughout the world and has received a wide readership. Pope Francis challenges us to change "business as usual" and to embrace the courageous and generous attitudes of inclusivity, compassion, and sacrifice, honoring our oneness with all that is.

Recommended Reading: *Laudato Si*, Encyclical, Pope Francis

Live Simply, Live Well, Make a Difference

Sr. Elaine Betoncourt, C.S.J.

Sustainable Happiness is built on a healthy, natural world and a vibrant, fair society. Sustainable happiness is 'good medicine' for a world beset by war, poverty and climate change. Come, discover how sustainable happiness can change our lives and the world.

Recommended Reading: *Sustainable Happiness*, a compilation of articles from YES Magazine
Change the Story, Change the Future, David Korten

Thomas Berry, Selected Writings on the Earth Community, Mary Evelyn Tucker, John Grim