

**Called to Serve:
Doing the World's
Greatest Job
Retreat
for
Firefighters**



February 24-26, 2012

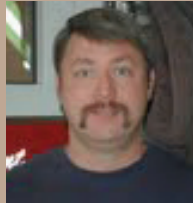
**Leo F. Flanagan, Jr., Ph.D., John Mancini, M.A.,
Deacon Marty O'Connor**

Offering: \$250-\$275

The work of firefighting is intense and dangerous. It takes a toll on the human spirit and the families of those who serve. This retreat explores how firefighters can cope with the stress, trauma and fear involved in firefighting. We will discuss how to take care of oneself in mind, body and spirit in the midst of the demands of work and family life. Discussion topics will include: spirituality, finding balance in life, dealing with compassion fatigue and dealing with trauma. The retreat is open to people of all backgrounds, religions and cultures; it will include presentations, home-cooked meals, free time for rest and relaxation, and honest conversation. The retreat begins with a buffet dinner from 6:00-8:00 p.m. on Friday evening and concludes around noon on Sunday.



Leo Flanagan, Jr., Ph.D.



John Mancini, M.A.



Deacon Marty O'Connor

Registration Form - Firefighters' Retreat, February 24-26, 2012

.....
Parish Town

.....
Name Telephone Birth Date

.....
Address E-mail Emergency Phone Number

.....
City State Zip

.....
If double, roommate's name

New Retreatant

Mastercard, Discover, or Visa Accepted.
Retreat Offering: \$250-\$275

Enclosed is my \$100 deposit

Please mail your completed registration form with deposit to:

**Holy Family Passionist Retreat Center • 303 Tunxis Road • West Hartford, CT 06107
860.521.0440 • www.holyfamilyretreat.org • holyfamilyretreat@cpprov.org**

