

ZEN SPIRIT- CHRISTIAN SPIRIT:

Retreat with Christian Zen Teachers

March 30-April 1, 2012 - **Fr. Michael Holleran, Timothy St.Onge, Ph.D.**

Mandatory Beginners' orientation will start at 7:00 pm on Friday.

This silent retreat explores how Zen meditation can be used by Christians as a contemplative tool to grow closer to Christ. The retreats are open to persons of all religious and non-religious affiliations and include *zazen* (seated meditation), *kinhin* (walking meditation), chanting, dharma talks and *daisan* (one on one interviews with the teacher) and beginners instruction. Easy on and off shoes are recommended. Dinner is on Friday evening from 6:00 p.m.-7:00 p.m. For returning retreatants, the retreat begins at 7:45 p.m.



Fr. Michael Holleran was raised on Long Island, graduated from Fordham University, and spent five years as a Jesuit. He then transferred to the Carthusian Order, where he spent 22 years as a monk in Vermont, France (La Grande Chartreuse) and England. In 1994 he returned to New York where he has worked as a diocesan parish priest in Greenwich Village, the Bronx, and currently in midtown Manhattan. In 2009, he was formally received as a priest of the Archdiocese of New York, and also became a Sensei in the Soto Zen tradition, at the hands of his longtime mentor, Roshi Robert Kennedy, S.J.

Timothy St. Onge, Ph.D. has been an educator and pastoral counselor for over 25 years and has been engaged in the practice of psychotherapy since 1995.

Registration Form

Parish	Town	Christian Zen <input type="checkbox"/> March 30-April 1
Name	Telephone	Birth Date
Address	E-mail	Emergency Phone Number
City	State	Zip

If double, roommate's name

- New Retreatant
- I am new to Christian Zen practice & will attend beginners orientation (7:00 pm on Friday)
- Enclosed is my \$100 deposit

Mastercard, Discover, or Visa Accepted.

Retreat Offering: \$250-\$275

(More if you can. Less if you can't.)

Please mail your completed registration form with deposit to:

Holy Family Passionist Retreat Center • 303 Tunxis Road • West Hartford, CT 06107
860.521.0440 • www.holyfamilyretreat.org • holyfamilyretreat@cprov.org

